MASSAGE THERAPIES

-Relaxation

Swedish massage using your favourite essential oils...

-Stone Massage

Special volcanic stones are heated and applied to the body to promote deep-tissue healing and relaxation.

-Thai Massage (1 ½ hour)

Try something different; you remain fully garbed in comfortable clothing & have the treatment on a mat laid out on the floor.

-Reflexology

The Tree of Life

Bella Vita Day Spa

Massage Therapies

Beauty Treatments

Health and Nutrition

Supplements

Give your feet a special treat. It is great for general health.

-Therapeutic/Deep Tissue

Muscle dysfunction, OOS, Chronic muscle pain, Posture related muscle soreness. Add \$10 to any time below.

-Sports Massage

For Sports injuries, Rehabilitation, and Pre & Post event muscle relaxation. Add \$10 to any time below.

-Pregnancy Massage

Special pregnancy tables!!!

-Corporate On-Site Chair Massage

15-20 minutes. Relieves stress and tension in your staff, treat them to a special occasion.

-Reiki Treatment

Let the energy heal you...

| 15 mins Chair massage | \$15. ⁰⁰ |
|--|---------------------|
| 30 mins Session | \$35.00 |
| 45 mins session | \$50.00 |
| 1 hour session | \$65.00 |
| 1 ¹ / ₄ hour Stone massage session | \$80.00 |
| $1^{1}/_{2}$ hour session | \$95. ⁰⁰ |

*Outbound house calls are possible dependent on availability & a travel charge will apply.

LADIES PAMPER PACKAGE

A: 1hr Relaxation Massage, a Full Facial & a Free Eyebrow shape 2 hrs **\$115**

B: Pedicure with Spa Soak, a Full Facial & a Free Eyebrow shape 2 hrs \$115

C: One Hour Full Body Massage, Full Facial with Galvanic Spa Treatment, Manicure or Mini-Pedi 3 hrs \$180

D: Queen for a day - Combination of the treatments from A-C. 4 hrs **\$240**

E: Massage at your hotel* Two 60mins relaxation massages, and a beautiful bottle of 2 hrs \$150

F: Bella Vita Promo – Wax (Choose between a chocolate Brazilian or leg/arm wax), Mini Pedi, Mini facial & a free brow shape. 2 hrs \$125

**All Pamper Packages (except *) come with Chocolate Cake, Juice, fruit & lots of pampering!!!

SKIN-CARE

Relax and enjoy our beautiful facials, using our Manuka Honey product range that heals and rejuvenate your skin. Products used are dependent on clients' needs after skin analysis.

Mini Facial 30 mins Cleansing, exfoliating, facial massage, toning & \$37.00 moisturising.

Natural Skin Care Facial's

| | 50 min |
|----------------------------------|--------------------|
| Living Nature Facial | \$58. ⁰ |
| Skin Deep Facial | \$58.° |
| Deluxe Honey Spa Facial | 1hr \$75. 6 |
| Using the full range from either | Skin Deep or |
| Living Nature's honey products | including the |
| paraffin honev mask. | |

\$62.00 Natural Skin Care Back Facial

Anti-Aging Galvanic Treatment

Non-surgical face lift! Lifts and rejuvenates skin, used on the face or body for lifting and reducing lines redness & strengthens skin.

Add this to any facial.

SPA TREATMENTS

from \$30.00 **Cellulite Reduction** Thighs, Bottom, stomach, under arms and more, see the dimples disappear, tightens skin and lines diminish.

from \$30.00 Varicose Veins Reduction Sore enlarged red veins, see them diminish & pain relieved. Gentle and non-invasive Galvanic treatment.

\$30.00 Hair Re-Growth Thicken and re-grow balding spots, gain that

look and confidence back. Patent seaweed solution and infused using our gentle galvanic cell stimulator, scalp massage included.

NAILS - HANDS & FEET

Manicure (option of either Gel polish or acrylic 55 mins \$55.00 finish) 30 mins \$35.00 Mini-manicure extra \$10.00 French Tip (paint on)

Pedicure (includes 15 min spa soak & Paint) 55 mins \$59.00

30 mins \$35.00

Mini Pedicure

Feet Pampering Treatment 45 mins \$45.00 Soak in our luxury spa products, exfoliate with salts & finish with a lovely 20 min foot massage

EYES

| Lash Tint | \$17. ⁰⁰ |
|------------------------------|---------------------|
| Brow Tint | \$13.00 |
| Brow Shape | \$12.00 |
| Eye Trio: | |
| Brow Shape, Lash & Brow Tint | \$39.00 |

\$30.00

WAXING

Women

| Full Legs – Includes bottom | \$52. ⁰⁰ |
|---|---------------------|
| Thighs | \$35.00 |
| ½ Legs | \$28.00 |
| Bikini line | \$24.00 |
| Chocolate Brazilian 1 st 56. ⁰⁰ | \$36. ⁰⁰ |
| Under Arms | \$19. ⁰⁰ |
| Arms | \$24. ⁰⁰ |
| Upper Lip and Chin | \$15. ⁰⁰ |
| Upper Lip only OR Chin only | \$10. ⁰⁰ |
| Bleaching - Upper Lip | \$15.00 |
| Full body – not including face | \$110.00 |
| | |

Men

| Full Legs – Includes b | otton | n fro | m \$59. 00 |
|------------------------|----------|-------------------|-------------------|
| Back | | fro | m \$35.°° |
| Chest | | | m \$29. 00 |
| Stomach | | fro | m \$18. 00 |
| Chocolate Brazilian | I^{st} | 65. ⁰⁰ | |
| Arms | | | \$26.00 |
| Full body - not includ | ing fo | асе | \$150.°° |

ELECTROLYSIS

Hair reduction, Capillaries – Blend method

Electrolysis consultations: (free if done with a treatment)

20-30 minutes \$20.00

Flectrolysis is charged by time

| Electrolysis is chargea by time | |
|---------------------------------|---------------------|
| 10 minutes: | \$18. ⁰⁰ |
| 15 minutes: | \$20. ⁰⁰ |
| 20 minutes: | \$25. ⁰⁰ |
| 30 minutes: | \$30. ⁰⁰ |
| 45 minutes: | \$45. ⁰⁰ |
| 1 Hour: | \$60. ⁰⁰ |

IPL (INTENSE PULSE LIGHT)

Hair reduction, Veins, Pigmentation, Acne, operated by qualified medical staff.

Consultations: (free if done with a treatment) 20-30 minutes \$15.00

Laser Hair Removal

| Laser Hair Kemovai | |
|--------------------------|----------------------|
| Upper Lip | \$80.00 |
| Chin | from \$95.00 |
| Nose | \$80.00 |
| Bikini line | \$180. ⁰⁰ |
| Brazilian | \$280. ⁰⁰ |
| ½ Legs | \$320.00 |
| Under Arms | from \$120.00 |
| Arms1/2 | from \$220.00 |
| Neck | \$120. ⁰⁰ |
| Back 1/2 | from \$320.00 |
| Generally between 6-8 tr | eatments |
| required | |
| | |

Pigmentation

| Lip | \$80. ⁰⁰ |
|----------------|----------------------|
| Chin | from \$95. 00 |
| Nose | \$80.00 |
| Spot treatment | from \$80. 00 |

Veins & Rosacea

| Nose | \$80.00 |
|-----------|----------------------|
| Chin | from \$95. 00 |
| Full Face | from \$180.00 |

Acne

| Full Face | \$390.00 |
|----------------|---------------|
| Spot treatment | from \$120.00 |

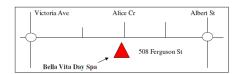
*GIFT VOUCHERS

APPOINTMENTS PREFERRED 06-355-2667 022-691-0331

www.bellavitadayspa.co.nz

10% discount for Senior citizens, Army, Air force personal and Student!

Prices may change without warning and can vary dependent on intensity of a service or products provided.





Bella Vita Day Spa

508 Ferguson

Street

Palmerston North

355 2667